

lunch

from 11:00am

starters

hummus	pita, crudites	vg	8
thai tempah cakes	cilantro mirin dipping sauce		12
tuna tartare	avocado, wonton, firecracker sauce		14
p.e.i. mussels	white wine, garlic chili butter, cilantro		14
lobster avocado	mango salsa, chili beurre blanc	gf	15
skewers	moroccan filet, arugula, tzatziki	gf	14
kefte	tzatziki mediterranean pico, arugala, feta, pita		14
sesame crusted ahi tuna			15
	chinese salad, ginger soy vinaigrette		
wood fire grilled wings			12
	chili garlic oil, spicy feta dip		

taco

chorizo seitan	pico de gallo, avocado	v vg	13
short rib	pico de gallo, cotija, avocado	gf	13
fish	jalapeño, jicama, lime, avocado, cilantro	gf	13
shrimp	avocado, candied fresno, cilantro	gf	13
achiote chicken	cabbage slaw, chipotle aioli, mango salsa		13

flat bread

bacon	caramelized onion, white cheddar, thyme		10
margherita	pesto, mozzarella, tomato, basil	vg	10
farm	cheese blend, arugula port	vg	10
pepperoni	mozzarella, san marzano tomato sauce		10
mushroom	cheese blend, arugala, port	vg	10

prasinó

prasinó is committed to using organic, all natural, hormone free, antibiotic free and locally sourced ingredients whenever possible.

vg vegetarian v vegan gf gluten free

"The Department of Public Health advises that consumption of raw or undercooked foods of animal origin, such as beef, eggs, fish, lamb, pork, poultry or shellfish may result in an increased risk of foodborne illness. Individuals with certain underlying health conditions may be at higher risk and should consult with their physician or public health official for further information."

20% service charge added to parties of six or more

green

greek	house greens, feta, cucumbers, tomatoes, herbs, lemon, pepper	vg	6/9
roasted beet	goat cheese, candied pecan, orange supreme	vg gf	7/11
prasino	house greens, berries, orange supreme, sunflower seeds, goat cheese, red onion, vinaigrette		6/10
kale & spinach caesar	parmesan, lemon, anchovies, mushrooms, garlic crumb		6/10
roasted butternut squash	honey ver jus dressing, lola rosa, bleu cheese sweet pecans & pumpernickle croutons		11

big

salmon	chili chocolate glaze, smoked almond slaw, cilantro yogurt vinaigrette	gf	16
chicken breast	evoo, wood grilled tomato, petite salad, fresh herbs	gf	14
grilled steak	tomato vinaigrette, ciabatta croutons & roasted sweet onion		16
harissa chicken	grilled pineapple, avocado, roasted red peppers, petite greens, feta, cilantro lime vinaigrette	gf	16

hands on

prasino burger	smoked gouda, tomato jam, arugula, pickled onion		13
horseradish steak burger	havarti cheese, bacon, soft lettuce, tomato remoulade		13
chicken caprese	tomato, arugula, mozzarella, pesto, grilled ciabatta bread		12
lamb sirloin	avocado, cilantro, pico de gallo, feta, chipotle aioli, baguette		13
turkey burger	bleu cheese, caramelized onion, sauteed apples, spinach, multi-grain bun		13
portobello burger	marinated wood grilled vegetables, pesto, multi-grain bun	vg	12
steak	shaved steak, white cheddar, sweet onion, chimichurri, grilled ciabatta bread		12

sides

sea salt & pepper chips		v gf	4
seasonal vegetables		v gf	6
truffled potatoes	aioli, chives, cotija	v gf	6
fresh fruit		v gf	6
cauliflower gratin	chives & parmesan	vg gf	8

soup of the day

cup			4
bowl			6

substitute gluten free bread 4